



A new **FREE** resource for grandparents raising grandchildren

Healthy Grandfamilies

Healthy Grandfamilies is a free group that provides information and resources to grandparents who are raising one or more grandchildren or great-grandchildren.

If you would like to be a part of this program, please complete this form and return to the school or scan the QR below to complete the form online.

Mingo County Schools, along with West Virginia State University, are joining forces to provide our Grandfamilies with the opportunity to attend group discussions throughout the school year. Each discussion group provides valuable resources along with childcare during the discussions.

Grandparent Name: _____

Phone: _____

Address: _____

Names of grandchildren: _____

My grandchildren attend school at: _____

I would like more information about the Healthy GrandFamilies Program:

_____ Yes _____ No

Discussion Topics:

- ♦ Parenting in the 21st Century
- ♦ Building stronger families
- ♦ Technology and Social Media
- ♦ Nutrition
- ♦ Legal Issues and Documents
- ♦ Staying Healthy/Stress Management
- ♦ Education in Mingo County Schools
- ♦ Addiction in today's families

For Additional information:

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WEST VIRGINIA STATE
UNIVERSITY



Healthy GrandFamilies

